

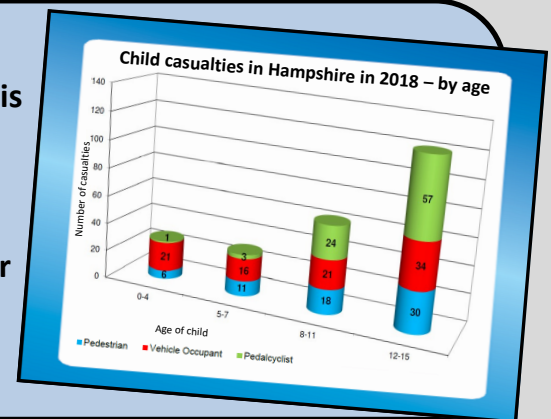
Road Safety Education in Hampshire

The Primary Road Safety update for Parents and Guardians of Hampshire pupils

This update is usually sent to schools to share key messages, teaching resources and promote our free educational schemes. The Road Safety Team wanted to share them with you to give an insight into the importance of the messages and being a part of your child's road safety knowledge and awareness. Below and overleaf are campaigns and online resources available to share with your child as well as campaigns to encourage you to stay safe and minimise the pressure on the NHS as much as we can **#takeextracare #savetheNHS**.

Traffic is the biggest single cause of accidental death for 12 - 16 year olds and with 242 child casualties in Hampshire in 2018, it is vital your children are aware of the dangers and the safer and responsible choices when travelling as a pedestrian, cyclist or within a vehicle.

Use this opportunity of having extra time at home to teach your children these important messages for when they are out and about more independently.



This online resource is available for all parents to use free of charge. The resource allows children to interact with augmented reality characters in various risky travel situations, getting them to identify and choose the safest option.

Install the Arility application on an Android or Apple tablet and print off the marker from the website at Arility.com and run the "class" on the tablet as a teacher. If you have two tablets, the child could use their own at the same time and when prompted would join the parent.

As part of the activity, there are scenarios set out which are suited to each key stage. The child gets to choose the safest scenario and view their augmented reality character in action with their choice. One example of a **Key Stage Two scenario** is:

Ruby is approaching a busy pelican (pedestrian light controlled) crossing with two lanes each way and a bike lane. A bike is in the bike lane, a bus is in the inside lane and a difficult to see car on the outside.

The green man is already lit as she approaches and others have already started crossing ahead of her. What should Ruby do?

This is an excellent way for your child to assess the risk and choose the safest option in the safety of their own home.



THINK!

www.think.gov.uk/education-resources/

The Department for Transport have a selection of Primary resources for teaching the key points of crossing the road safely, playing safely as well as making responsible choices when travelling on a bike or in a car. From songs to learn and videos to watch, your child could learn the mantra of the green cross code or create their own road safety song. Whichever key stage your child is in, there are resources available to support their learning and give you something to discuss to ensure they will be making responsible safer choices once they are travelling more independently.

Foundation Stage and Key Stage One

Be a Road Ranger - learn a song or watch how these young pedestrians are crossing the road safely.

Rein act this scene at home with bikes, trikes or Little Trikes cars and demonstrate stopping, looking and listening when crossing the road. Add a crossing in and teach them how to use a crossing as well.



Key Stage Two

Expect the Unexpected - a video demonstrating why we need to give the road our full attention; things happen which we will not be expecting.



Sam Richardson from CITV shows young people how to cross the road and play safely; considering what might happen if they are distracted and therefore putting themselves at risk. Watch this video and discuss how these situations relate to them and what they can do to reduce their risk.

There are songs to learn as well as games and activities which your children could do independently on a tablet or computer. A great way to keep them entertained whilst learning a key life skill which could save their life!



Is your child transitioning to Secondary School in September?

Example journey			
Stage of my journey	Hazards	Risk	How I could be safer
Walk on the pavement to the main road.	Being hit by a car pulling out of a driveway.	Medium	Staying alert, not being distracted by friends, phones, music etc.
Cross the busy road to the bus stop.	Being hit by a car or other vehicle.	Medium	Find a safer place to cross to get to the bus stop. Is there a pedestrian crossing nearby for example?
Get on the bus.	Falling over if the bus stops suddenly.	Low	Sitting down if there is a seat available. Making sure there is a railing or handle to hold on to if you are standing.
Get off the bus and cross the main road outside school.	Getting hit by a car or other vehicle.	Medium	Walking down the road to the zebra crossing. Wait until the bus has moved off and you can see clearly in both directions.

This time is difficult for us all and we currently don't know whether our children will be returning to school before the next academic year begins. It is still important for parents to prepare for the next stage ahead and one of the most important challenges is their journey to and from school.

Risk assess your child's journey to Secondary School

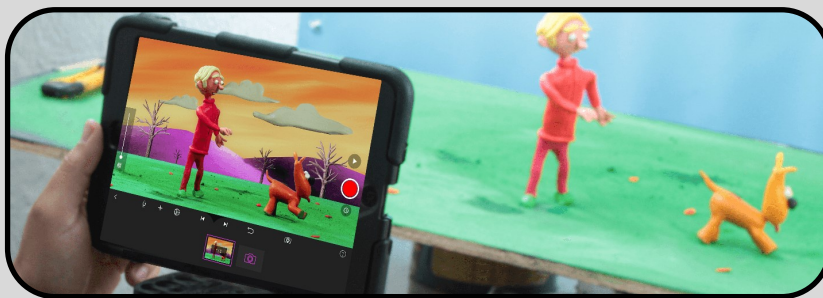
Have you travelled to school with your child since Year R? If your child will travel to secondary school independently, during the busiest time of the day, it is essential to plan ahead and ensure they are ready for this transition. This is the perfect time to discuss the risks with your child and use your daily exercise session to practise the journey with them.

This activity encourages pupils to consider the risks which may occur on each stage of their journey to school as well as how they can minimise those risks and keep themselves safe. If you would like a copy of this activity emailed to you to complete it with your child, please send a request to road.safety@hants.gov.uk.

COMPETITION Stop animation

The Road Safety team are always looking for alternative ways to share our key messages. We want to set your children the challenge of creating a Stop Motion animation video, sharing one of our key road safety messages.

They could use Lego models, plasticine or clay models or Play Mobil characters and use them to demonstrate crossing the road safely, riding your bike responsibly or travelling safely within a vehicle; anything linked to road



safety.

Just download a Stop Motion application on a tablet or phone and start filming.

Any animation clips can be sent to road.safety@hants.gov.uk. We cannot wait to receive them!

TAKE EXTRA CARE



Take Extra Care

THINK! is supporting a campaign from Road Safety Great Britain encouraging all road users to help reduce the strain on the emergency services during the coronavirus pandemic by taking extra care when making essential journeys.

Take Extra Care

The pressure being placed on the NHS due to the coronavirus pandemic is well known.

Evidence suggests measures to delay the spread of the virus are reducing the number of vehicles on the road, some still need to use the roads for essential journeys such as getting to work and for food shopping. An average of 70 people per day were seriously injured (25,511) in 2018 – all of whom would have required hospital treatment.

To reduce the number of road casualties during these unprecedented times, Road Safety GB is reminding all road users to do everything they can to avoid collisions and casualties, including:

- Always drive at a legal and appropriate speed
- Always wear a seatbelt
- Never drive under the influence of alcohol or drug
- Never use a mobile phone while driving
- Only use the roads for essential travel

Please support and share this campaign - taking extra care on those essential journeys - ensuring we all stay safe and relieve pressure on the NHS **#takeextracare**

Struggling to get your child to wear their cycle helmet? Read on....

www.youtube.com/watch?v=eDoNmDZImvA

On Thursday 3rd November 2016, Jane Godden received a call that every parent dreads; her daughter Maisie had been involved in a serious road traffic incident. Thankfully she always wore a cycle helmet, which saved her life. We share this clip (available on the link above) with students in upper primary as well as secondary school as it is a real life example of why it is so important for us to make responsible choices to keep ourselves safe. Read below to gain an insight into Maisie's story and share this YouTube link with your child.

My name is Maisie Godden-Hall and I am 11 years old. I got ready for school as usual, but was running late as I couldn't remember where I'd put my cycle helmet. I wasn't allowed to cycle without it, and by the time I did find it, it was later than usual. I was cycling my regular route, which involved using the crossings and cycling on the pavement. I was travelling quite fast to make up some time, but I realised that a car at a junction was moving out and I needed to brake hard.



As I braked, my bike stopped, but I didn't. I flew over the handle bars and landed in front of the car. The driver didn't see me and, spotting a gap in the traffic, moved forward over me. Her son was sitting in the passenger seat and saw me fall so it didn't take long for her to realise that something had happened.

I had sustained 3 breaks in my pelvis, a broken collar bone, major facial injuries and the loss of 7 teeth, 5 of which were adult. I progressed onto crutches just before Christmas.

In January I went back to school using my wheelchair and crutches so that I could try to get back to normal again, although I was still unable to do any sport. It's been very tough and I've had a hard 5 months, but on 17th March I was finally told I that I could run again. I still have lots of work to do on my teeth and have a nasty burn on my shoulder but everything is fixable. I was told that, had I not been wearing my cycle helmet, I probably would have died.

I know I am only 11 years old, but I really want to use what happened to me to promote the cause for wearing cycle helmets; I think it should be law. It has been life changing for me and my family, but I survived because I was wearing a helmet. I want other people to understand that it could happen to anyone.... It happened to me.

@HantsRoadSafety



Have you viewed our Twitter account @HantsRoadSafety?

It is a great way of getting our key messages shared therefore if you have a Twitter account, please follow us and get retweeting about road safety messages and campaigns - helping us reduce the number of casualties on Hampshire's roads.